ELEMENTAL

Conversation Cards

Three Stories,
Three Continents,
One Commitment to Change

How to Use the Conversation Cards

Use the cards to deepen your students' learning...

- ★ As pre-film warm-ups to introduce the topics and themes
- ★ As catalysts for post-film discussions
- ★ As writing prompts for personal reflections or essays
- ★ To spark ideas for action or class projects

Preparing the Cards

(1) With a straight edge knife and a ruler, cut along the pink dashed rules.



- ② Score along the vertical blue rule and fold.
- (3) Close with double sided tape or glue at the corners.







CONNECTION TO PLACE



CONNECTION TO PLACE

When Jay Harman was a child he used to go down to the beach, where he felt *completely at home*.

Where do you feel you can relax and be yourself? How might you create more places like that in your life?

Three Stories, Three Continents, One Commitment to Change

ELEMENTAL

Eriel Deranger makes clear that she is an indigenous rights activist—not an environmentalist; and Rajendra Singh says he is a social worker—not a politician.

What job title would you imagine for yourself? How do our self-chosen titles reflect our connection to the world or to others?

Three Stories, Three Continents, One Commitment to Change

ELEMENTAL

Elemental Conversation Cards



CONNECTION TO PLACE



CONNECTION TO PLACE

Writer Vera Nazarian said, "If Music is a Place—then Jazz is the City, Folk is the Wilderness, Rock is the Road, Classical is a Temple."

What music genre would best symbolize your community? What songs would you choose to represent it, and why?

Three Stories, Three Continents, One Commitment to Change

ELEMENTAL

In the film, Rajendra Singh uses religious terms such as pilgrimage, sacred, faith, and devotion to motivate people.

Where you live, what types of language promote environmental awareness? What role does language and culture play in shaping our relationship with a place?

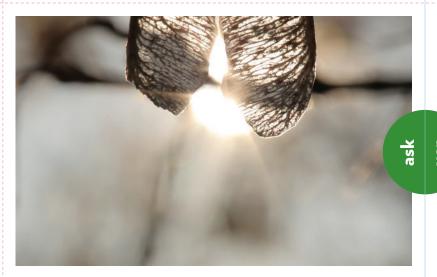
Three Stories, Three Continents, One Commitment to Change

ELEMENTAL

Elemental Conversation Cards



CONNECTION TO PLACE



CONNECTION TO PLACE

"If you don't know where you are, you don't know who you are."

Wendell Berry, farmer, writer, and activist

What would it take to truly "know where you are"? How might that help define you or your life?

Three Stories, Three Continents, One Commitment to Change

ELEMENTAL

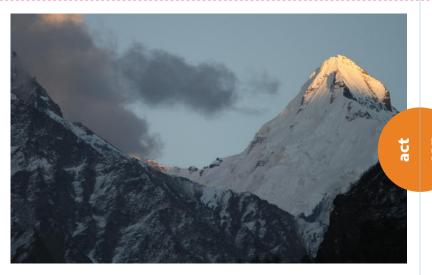
Use your senses to describe where you live or a place you love. What do you see? What can you smell? What do you hear? What can you touch? What can you taste?

How does the combination of these experiences make you feel about that place?

Three Stories, Three Continents, One Commitment to Change

ELEMENTAL

Elemental Conversation Cards



CONNECTION TO PLACE



CONNECTION TO PLACE

"A place belongs forever to whoever claims it hardest, remembers it most obsessively, wrenches it from itself, shapes it, renders it, loves it so radically that he remakes it in his own image."

Joan Didion, novelist and essayist

Draw a representation of a place that is meaningful to you—from when you were a child or more recently. Share your drawing with a partner.

Three Stories, Three Continents, One Commitment to Change

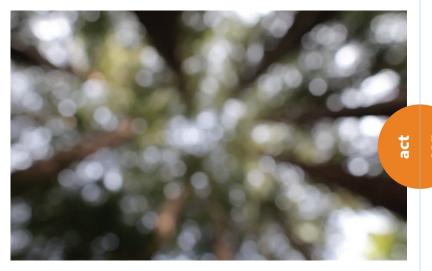
ELEMENTAL

"Find your place on the planet. Dig in, and take responsibility from there."

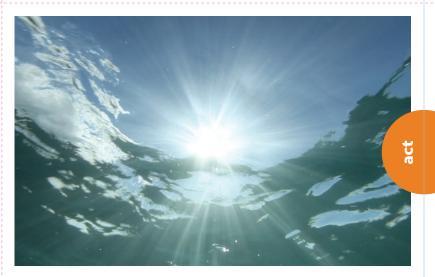
Gary Snyder, poet

Where is your "place on the planet"? Find organizations working to protect or restore that place. Learn what they are doing, and how you can join in.

Three Stories, Three Continents, One Commitment to Change



CONNECTION TO PLACE



CONNECTION TO PLACE

See how well you know the place where you live. (part one)

① From where you are standing or sitting, point to north, south, east, and west. ② Identify the current phase of the moon.

Three Stories, Three Continents, One Commitment to Change

ELEMENTAL

See how well you know the place where you live. (part two)

③ Name the nearest bodies of fresh water and salt water. ④ Estimate the times of today's sunrise and sunset. ⑤ Describe typical weather patterns in your area.

Three Stories, Three Continents, One Commitment to Change



PERSEVERANCE

Elemental opens with this quote by poet T.S. Eliot: "Only those who will risk going too far can possibly find out how far one can go."

What do you think Eliot meant by this? Why might the filmmakers have chosen this quote to open the film?

Three Stories, Three Continents, One Commitment to Change

ELEMENTAL

In his book *Outliers*, Malcolm Gladwell posits that it takes 10,000 hours of practice to truly master a skill such as playing the guitar, or being a ballerina or a top-notch game designer. He points out that with time and enough drive, even those without innate talent can become expert in a particular area.

Do you find Gladwell's view encouraging or discouraging? Why?

Three Stories, Three Continents, One Commitment to Change

ELEMENTAL

Elemental Conversation Cards

PERSEVERANCE



PERSEVERANCE



PERSEVERANCE

In the film, Jay Harman describes how life for him is about possibility as opposed to impossibility. He explains that when someone says, "It can't be done," he just sees a failure of imagination.

Think of a problem affecting your family, school, or community. How might a shift in perception—toward seeing only possibility—affect how you and others view it?

Three Stories, Three Continents, One Commitment to Change

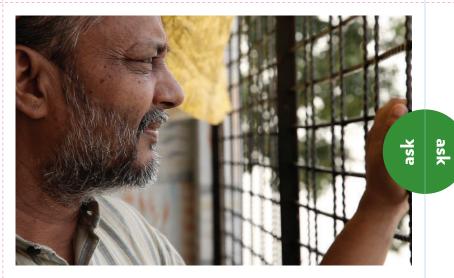
ELEMENTAL

"It always seems impossible until it's done."

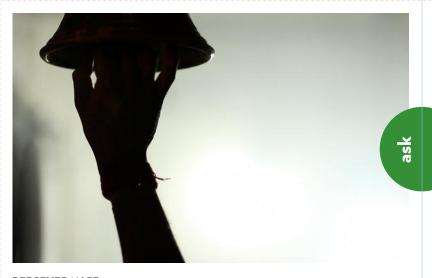
Nelson Mandela, former president of South Africa, civil rights leader

If Mandela is right, can we ever know whether our aim is possible *before* embarking on a certain path? Does it matter?

Three Stories, Three Continents, One Commitment to Change



PERSEVERANCE



PERSEVERANCE

"The difference between perseverance and obstinacy is that one comes from a strong will and the other from a strong won't."

Henry Ward Beecher, 19th-century clergyman, social reformer, and abolitionist

Is perseverance always a good thing? In what circumstances might quitting be the more effective path?

Three Stories, Three Continents, One Commitment to Change

ELEMENTAL

"The difference between what we do and what we are capable of doing would suffice to solve most of the world's problems."

Mahatma Gandhi

What do you think Gandhi meant by this statement?

Think of an example that would prove his point.

Three Stories, Three Continents, One Commitment to Change



PERSEVERANCE



PERSEVERANCE

Make a list of the many different strategies the three protagonists employ to promote change (for example, marching or using motivational speeches). Rank the strategies from simplest to hardest to carry out.

Which do you think would be most effective in your community?

Three Stories, Three Continents, One Commitment to Change

ELEMENTAL

The three protagonists in the film illustrate different roles for bringing change: For example, Eriel Deranger is an organizer who motivates others to speak out, Jay Harman is a visionary who helps us glimpse the possible through practical inventions based on nature, and Rajendra Singh is a water advocate who shares the truth.

How does each role promote change? What special challenges does each face? What role are you most drawn to?

Three Stories, Three Continents, One Commitment to Change



PERSEVERANCE



NATURE AS TEACHER

Identify a skill or ability that you would like to master. Outline a plan for the next month to work toward your goal.

Three Stories, Three Continents, One Commitment to Change

ELEMENTAL

Jay Harman says that the world's most serious problem is global warming.

What do you think is the biggest challenge we face? What would need to happen to solve it?

Three Stories, Three Continents, One Commitment to Change



NATURE AS TEACHER



NATURE AS TEACHER

Eriel Deranger describes our relationship with Mother Earth as similar to the relationship between an unborn baby and mother. She says, "...just like an umbilical cord gives [a baby] everything he needs; the water, and the plants, and the air give us everything we need here."

Do you agree with her statement? How does Mother Earth provide for you? Do you have any needs that Mother Earth is not able to meet?

Three Stories, Three Continents, One Commitment to Change

ELEMENTAL

Think about a plant, animal, or other natural object or phenomenon that resonates with you.

Take on its persona, and speak from a first-person perspective about what you experience as humans or natural events impact your surroundings.

Three Stories, Three Continents, One Commitment to Change



NATURE AS TEACHER



NATURE AS TEACHER

As Jay Harman noted in the film, half of the world's population now lives in cities.

In what vital ways is everyone even a city dweller—connected to nature? How might this statistic influence the way we address environmental issues?

Three Stories, Three Continents, One Commitment to Change

ELEMENTAL

One thing we can learn from nature is that our actions often have consequences we didn't anticipate or intend. For example, as the film points out, burning fossils fuels is causing changes in Earth's climate.

What other past and current technological solutions have had unintended consequences affecting people or the environment?

Three Stories, Three Continents, One Commitment to Change



NATURE AS TEACHER



NATURE AS TEACHER

"Look deep into Nature, and then you will understand everything better."

Albert Einstein, scientist

What could a person living in a town or city do to develop a deep understanding of nature?

Three Stories, Three Continents, One Commitment to Change

ELEMENTAL

Jay Harman used natural whirlpools as the model for his innovation. This is an example of biomimicry, which draws on nature for conceiving models, systems, and processes.

Research other inventions or ideas that were inspired by nature's designs.

Three Stories, Three Continents, One Commitment to Change



NATURE AS TEACHER



NATURE AS TEACHER

"Dripping water hollows out stone, not through force but through persistence."

Ovid, Roman poet

Describe one thing you can start today, realizing that it is the first step on what might be a long journey to make your community or the world a better place.

Three Stories, Three Continents, One Commitment to Change

ELEMENTAL

There are many means by which people from diverse cultures express gratitude for the Earth: for example, through ceremonies, prayers, or rituals, or by creating altars or other structures.

Find an image or description of another culture's way of honoring the Earth and share it with others.

Three Stories, Three Continents, One Commitment to Change

Share your experiences with us on how you used the conversation cards, as well as your thoughts and impressions.

info@elementalthefilm.com

elementalthefilm.com facebook.com/elementalfilm twitter.com/elementalfilm

Educational versions of *Elemental* are available exclusively through The Cinema Guild. cinemaguild.com/catalog